



How to take photos with camera or phone camera

Take a photo of your face while smiling



Using two fingers in the front to hold the lips away from the teeth and one finger in the back and take a photo angled to show the right back teeth



Using two fingers on both sides pull back the cheeks and take a photo aiming at the front teeth



Using two fingers in the front to hold the lips away from the teeth and one finger in the back and take a photo angled to show the left back teeth



Use two fingers to pull the lower lip down while opening wide and take a photo from the top of the bottom teeth



Use two fingers to pull the upper lip up while opening wide and take a photo from the top of the upper teeth